

## BALLET DANCE

Music touched my ears and heart; I started swirling and twirling with my feet slowly going apart

Late evening it was; And the world for me looked like it had paused





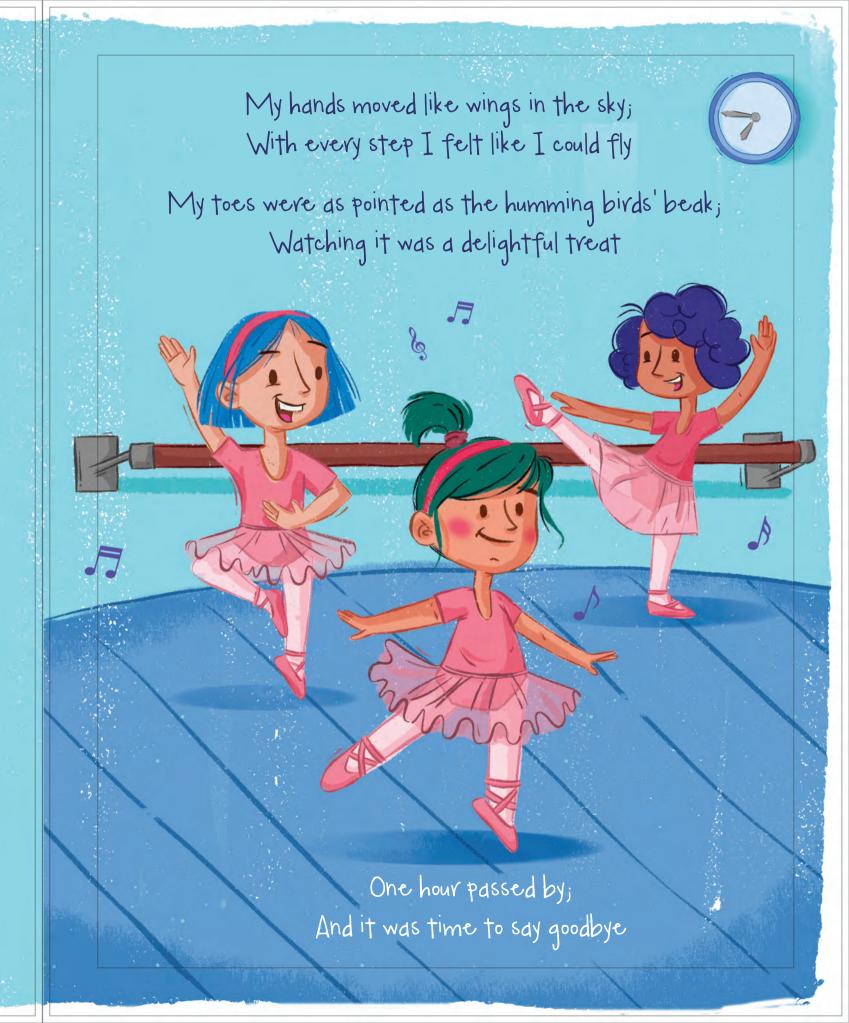
Mrs. Anne said in a loud tone and strict voice;

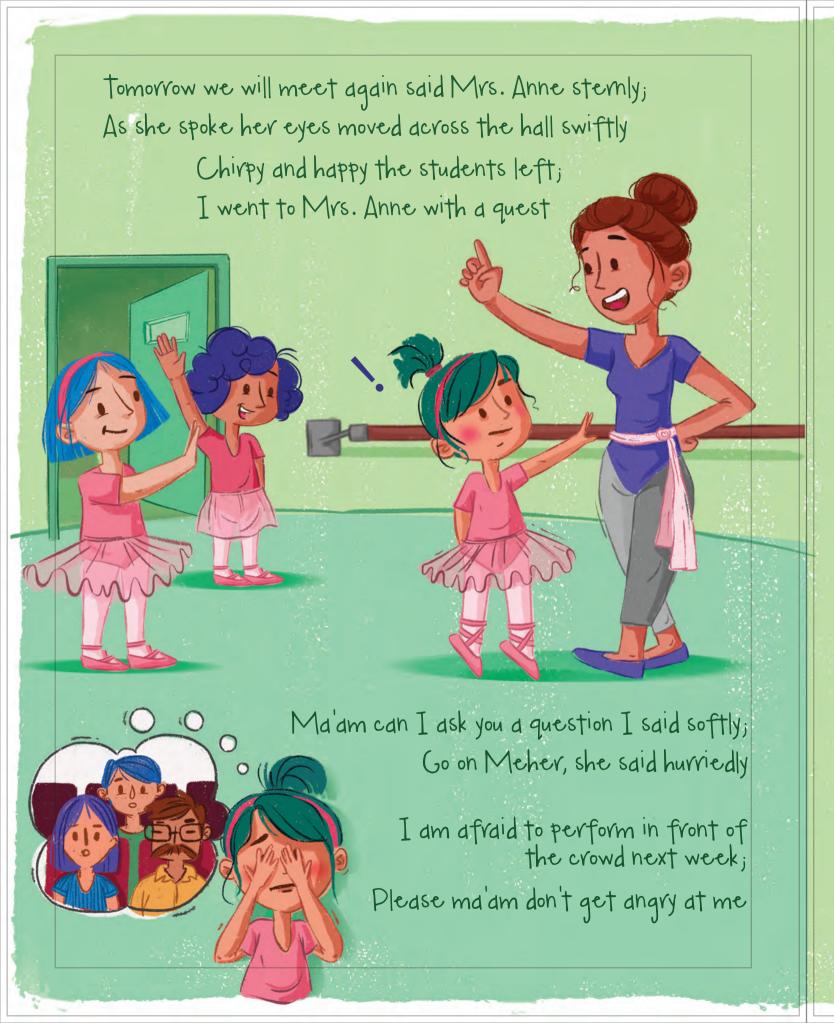
Oh deary dear! Stop making so much of noise

Dance with elegance and poise

Her hair bun was high and tight; Her eyes shined so bright

Though she was strict; I admired her to every bit







## BELIEVE IN YOURSELF

Mrs Anne smiled and said oh! Meher, deary dear; You just need to believe in yourself and your fear will



Always remember that courage and kindness is inside everyone; And it will make you always shine, smile and have fun

With

CONFIDENCE



SATISFACTION

I walked out of the hall;

Ready to face the world outside the classroom walls.





## CRICKET

"Rahul bowl from the crease" Shouted Shreya at ease

Rahul looked behind at his captain And knew her intention

I will get this wicket don't worry

And he ran towards the crease swiftly





'It's a six' said the umpire

Raised both his hands and moved his fingers like five

Disappointed Rahul went to his team huddle Where his team had made a full circle



Shristhi said "we have 2 balls left and they need 10 runs to win" "We'll win this game for sure" raj said with a grin

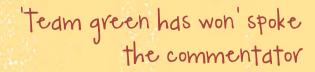
Shreya looked at Rahul with confidence

And gave him a pat on the back with prudence

the whistle blew and Rahul went back to bowl

In the last 2 balls Suresh hit two consecutive six with a great stroke





And with that the stadium of RJX School came to a cheer





Upset and Sad with his bowling Rahul sat on the ground

When an overjoyed Suresh saw him and hugged him from behind

WINNING AND LOSING ) ARE PART OF THE GAME

HAVING (SPORTSMAN SPIRIT) IS MORE IMPORTANT THAN (FAME)

Some days we lose and some days we win But what more important is we continue to practice and don't quit

The captain of the red team congratulated the green team

And also patted to her own team members for a great scene



The school coach gathered all the players on the ground While the viewers and the cheer leaders were rejoicing aloud



Both teams have played very well But one team has to excel Team green won today But team red showed a great play



## LOSING IS AS IMPORTANT AS WINNING



TEACHES YOUR MISTAKES IN THE INNING



As much as we want to always ace Sometimes we lose and we have to accept that too with grace

## PRACTICE MAKES A MAN PERFECT

I read somewhere in the prefix

Positive attitude matters the most

And Respect for every player is what makes us good in sports







# SPORTS IS AN IMPORTANT FORM OF EXERCISE





And we must all play with full might

I want every player to smile today Because the game was very well played'



The students listened carefully

As their coach said these words slowly

Both the teams enjoyed the game
But more importantly learnt a very important lesson today

Happy and excited they will practice the next day As it will teach them something new while at play







May be Rahul becomes the captain of the Indian Men's cricket team

And maybe Shreya gets selected for the Indian Women's cricket team



Who knows what the future will beholds

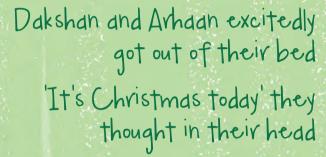
But hard work and practice can take a person to new heights is what we know





# MUSIC -

It was a cold winter morning And it was heavily snowing





Quickly they got ready and wore their new clothes Had their breakfast of cookies, milk and healthy oats

We are done with our breakfast mother, let's go We don't want to be late, today is our show'



Dakshan was jumping in excitement

As he had to sing carols today, which was his commitment

Arhaan was shying away
Because he was one of the wise men in the play



Dakshan had been learning music for over a year

And today he had to sing with his peers

He had been practicing the carols for a week And was so nervous that on the way he didn't speak

Arhaan always enjoyed being an actor

And in some plays used to be an orator

He had been attending all the theatre classes

And always stood out from the masses



Both of them were brothers

But had different interest in extra - curriculums

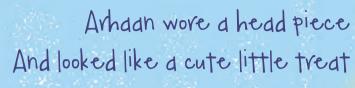


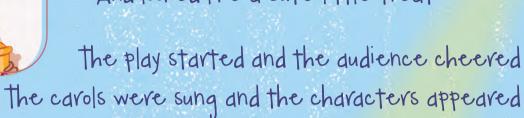
Upon reaching the school, their mother sat in the audience And they rushed to listen to their teacher in obedience

'All the boys and girls who are singing the carols Stand under the toy castle

And all those participating in the play Stand in the back stage

Dakshan stood in the front row With excitement his cheeks glowed







The play showed the birth of Jesus Christ in Bethlehem
And the travel of the three wise men

The wise men followed a miraculous guiding star And reached Bethlehem from land that was far

Upon reaching they bowed to Lord Jesus And adorned him with 3 gifts that were precious





Mother Mary was shown loving her son While the carols were being sung

The play ended And the audience applauded

Santa gave a surprise entry the last minute

Making all the kids excited with his visit

Ringing a bell and saying "ho ho ho"

He distributed toffees and chocolates taking a bow



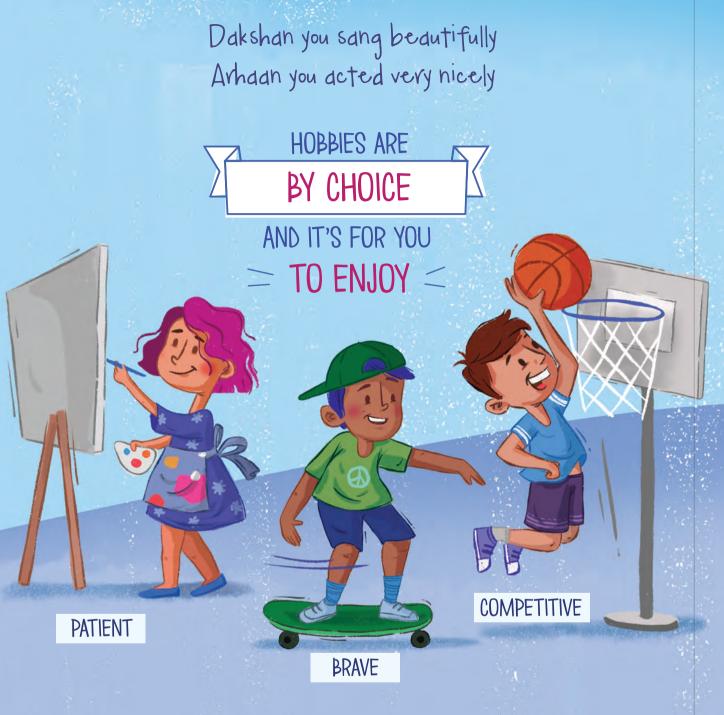
Arhaan and Dakshan ran towards their mother Hugged her while looking at each other

Well done both my boys You both make me proud' she said with a happy voice



'Mom, how did I sing?' asked Dakshan 'First tell me how I acted?' yelled Arhaan

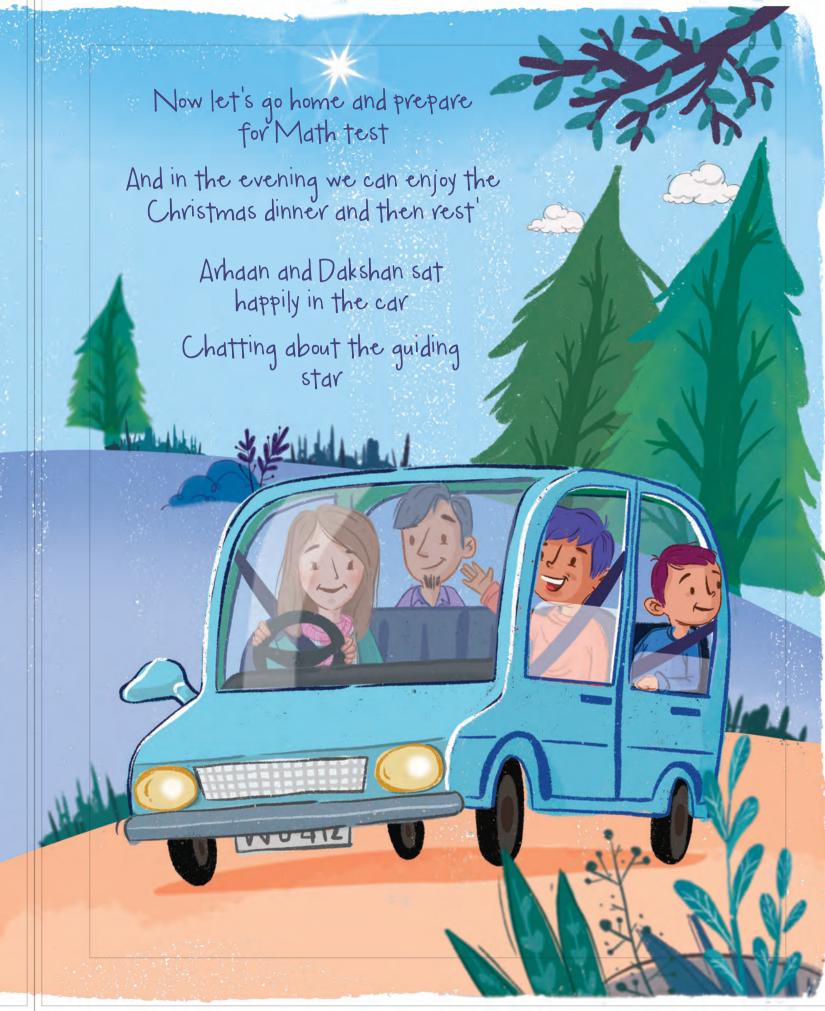
Their mother laughed and said
'You both are brothers yet very different in every aspect



They teach you to be patient and brave And also to be competitive while at play

I am glad you both have chosen your hobbies wisely

And want you to enjoy it fully



### GUIDELINES FOR TEACHERS/PARENTS:

The concept of the author is to write rhyming stories for children, as it helps them learn English in a fun way. Every rhyming story helps the child focus on the important values and habits that must be inculcated in them.

Through the rhyming stories of this book, the students will get to know importance of co-curricular activities and how it builds the personality of the children.

#### BALLET DANCE

The story starts with the first 4 lines explaining how much Meher (the main lead) is enjoying ballet dancing

**Lines 5-11:** gives a detailed description of the Ballet dance teacher, her neat and tidy physical appearance, her strictness yet passion for her art and concern for students

Line 12-15: explains the movement of the hands and legs in ballet

Lines 19-23: shows the courage it takes for children to discuss their feeling with the elders be it parents or teachers.

Also one should encourage children to ask questions or doubts as it helps them to find clarity in life

#### CRICKET

This rhyming story is about a school cricket match that takes place between team red and team green of the school

Lines 1-8: explains the cricket scenario happening in the school and it's almost that time when the game is coming to an end. Also the writer emphasis that the team is a mix of boys and girls as cricket is a sport played by both genders as we have both Indian women and men cricket in this country

Lines 9-11: explains the scenario that during the match Rahul is disappointed as he played badly but the team captain encourages him

Whether the team is playing well or poorly, it's important for the team captain to be encouraging to all its team members and maintain calm till end of

Line 19-20: show the bonding of friends in spite of being in different teams

Lines 24-25: Meher expresses her feelings freely. The two lines express a very common feeling that children face just before performing in front of so many people and it's very important for children to speak about it and discuss no matter how strict the teacher or parent is.

**Lines 26-31:** The teacher explains Meher that the feeling of being scared is normal but one must understand that courage and kindness is inside every person and being true to yourself and knowing that you have the courage you can overcome any obstacle

Confidence comes with courage and being kind towards everyone and everything

and life. In life every child should understand the importance of winning and losing. While wining makes one happy but losing teachings us the mistakes. It's important to congratulate the winning team and show the sportsman spirit.

It's also important to continue practice and not give up easily. Sooner or later one will achieve the desired result, as every person who has won anything great has learnt from his/her mistakes and

**Line25-26:** shows the sportsman spirit of the losing team captain and also shows that it is important for the captain of the loosing team to encourage them to play and work harder

Line 29-44: the coach explains the players of both the teams played well, but in sports only one time can win. The loosing team put a great flight and did play their very best. And it's important to accept a loss as it teaches you your mistakes and help you Lines 21-24: explains an important concept in sports win in future. More than winning or losing, it's the

### MUSIC

The story is about two brothers Dakshan and Arhaan who participate in Christmas play. The story discusses the importance of hobbies and how every child should be encouraged the hobby of his/her

Line 1-12: explains a mix of feelings of excitement and nervousness/shyness that kids have before performing in front of so many people. The mood is of festivity and fun.

Lines 13- 22: explain how every individual have different interest and parents should encourage their children's interest. They should allow their kids to explore every opportunity so that the kids can themselves figure out their interest. Here dakshan and Arhaan are brothers but still they gave different interest and their mother has encouraged them. Daksan practice singing and arhann theatre. Both the kids have been regularly attending their extra curriculum classes.

**Lines 33-44:** tells the story of the birth of Jesus

Jesus was born in Bethlehem to mother Mary. Jesus was boring during the time when King Herod was the ruler. And 3 wise men came from foreign land following the guiding star and asked the king "Where is the one who has been born king of the Jews? We

saw his star in the east and have come to worship him". They further told the king that a ruler who will be the shepherd of my people Israel is born. The king secretly found out the precise time when the star had emerged and told the wise men to look for the child and inform him when the child is found. Upon following the star, they reached the stable where Jesus was born and presented to gifts of gold, myrrh and incense. They were then warned in a dream not to go back to king Herod, as he planned to kill Jesus.

**Lines 45-48:** Santa distributes sweets to the kids during Christmas time. Santa Claus is actually based on St Nicholas who was born in in 280A.D. He was known for his kindness and generosity and distributed most of his wealth to poor.

Lines 49-68: the children go to their mother for appreciation and feedback on their performance. The parents should appreciate their kids for all the efforts they put in studies and curricular. It's important to understand that hobbies are meant to enjoy and are taken by choice. At the same time every hobby needs practice and patients and in return it teaches us values of team play, healthy competition, sportsmanship, courage, confidence among other qualities,

### ABOUT THE AUTHOR

Neoma Pasricha is a finance professional. After doing her schooling from the Convent of Jesus and Mary, New Delhi she pursued a dual degree from the University Of Sheffield (U.K.) in Economics and Finance, wherein she received various awards from the university and renowned investment firms. Thereafter, she completed her Masters in Finance from the London School of Economics and Political Science (LSE, U.K.) and pursued a career in investment banking at Bank of America-Merrill Lynch and HSBC.

She takes keen interest in child welfare and is focused on promotion of education among children. This is her first publication.

She is also a Founding Trustee at the Indian Youth Economic Association (IYEA), which is a non-profit trust promoting research in economics and public policy and has been part of various charitable initiatives to promote education among children and the youth of the country. Alongside she is also an entrepreneur in the grooming segment.

Her short rhyming stories aim to inculcate values, important life lessons among young minds and enhance their learning through her fun and engrossing poems/stories. As the younger years are a critical learning and growing period, her books are intended for such ages.

She is based out of New Delhi